

Hawkes Green Beret Survival Manual Essential Strategies For Shelter And Water Food And Fire Tools And Medicine Navigation And Signa

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[The Green Beret Survival Guide](#) Aug 31 2022 Today's society is one in which we, as individuals, are constantly barraged by the threat of domestic terrorism. The ever-present fear for your safety and the safety of those we love can overwhelm you if you aren't sure how to protect yourself. Luckily, distinguished combat veteran Brian M. Morris's Green Beret Survival Guide is here to help ease your fears. Using his firsthand knowledge from the field as a Green Beret, Morris concisely outlines the steps that are necessary towards increasing one's personal safety. Over the course of several chapters, Morris describes the importance of situational awareness, meaning staying alert, being aware of your surroundings, and understanding the reality of threats that you may face in any given situation. An individual with good situational awareness never takes anything for granted and makes security a part of his or her daily routine. By being observant and practicing several different methods of observation, one can avoid falling prey to terrorist, thieves, and other criminals. Using situational awareness as the cornerstone of a personal safety plan, The Green Beret Survival Guide delivers expert advice on preparing you and your loved ones for the worst case scenario.

[A Guide to Improvised Weaponry](#) Oct 21 2021 Defend yourself with salad tongs, hairbrushes--and even a dirty diaper! A sidewalk thief tries to steal your wallet, but you are unarmed. What do you do? With A Guide to Improvised Weaponry, you'll know how to protect yourself--even if all you have are your car keys and a candy bar. Written by Green Beret and combat expert Terry Schappert, this book teaches you how to turn your lipstick, your wristwatch--even the shoes on your feet--into strategic self-defense tools. Traditional weapons can be expensive, dangerous, and in the blur of an attack, easily turned against you, but with his life-saving advice, you can avoid these risks and defend yourself by deploying the hidden tactical uses of 100 ordinary items. Whether you're out grocery shopping, riding in an elevator, or enjoying a stroll through the park, A Guide to Improvised Weaponry shows you how to control your environment and become your own bodyguard--ready and able to act when you need to.

[The Mammoth Book Of Special Forces Training](#) Nov 29 2019 In this encyclopedic book, Lewis provides insights into the origins, training, tactics, weapons and achievements of special forces and special mission units throughout the world, focusing particularly on US and UK forces. He also looks at the codes that that

bind the members of these elite units together. He reveals training secrets in everything from wilderness survival to hand-to-hand combat. In doing so, he draws extensively on biographies, autobiographies, training manuals, interviews and press coverage of key operations. The elite forces covered include: The British Army's Special Air Service (SAS), established in 1950, which has served as a model for the special forces of many countries. Its counter-terrorist wing famously took part in the hostage rescue during the siege of the Iranian Embassy in London in 1980. The Parachute Regiment, the airborne infantry element of 16 Air Assault Brigade, which spearheads the British Army's rapid intervention capability. It is closely linked to United Kingdom Special Forces. The US Navy's SEALs (Sea, Air, Land Teams), trained to conduct special operations in any environment, but uniquely specialised and equipped to operate from and in the sea. Together with speedboat-operating Naval Special Warfare Combatant-Craft Crewmen, they form the operational arm of the Naval Special Warfare community, the Navy component of the US Special Operations Command. Their special operations include: neutralizing enemy forces; reconnaissance; counter-terrorism (famously in the killing of Osama bin Laden); and training allies. The US Army's Delta Force: The Special Mission Unit, 1st Special Forces Operational Detachment-Delta (1st SFOD-D), known simply as Delta Force, the Army component of Joint Special Operations Command. Its role is counter-terrorism, direct action and national intervention operations, though it has the capability to conduct many different kinds of clandestine missions, including hostage rescues and raids. The US Army Rangers, a light infantry combat formation under the US Army Special Operation Command. The Green Berets - motto: 'to free the oppressed' - trained in languages, culture, diplomacy, psychological warfare and disinformation. Russia's Spetsnaz, whose crack anti-terrorist commandos ended the Moscow theatre siege, and who have a reputation for being among the world's toughest and most ruthless soldiers. Spetsnaz units saw extensive action in Afghanistan and Chechnya, often operating far behind enemy lines. Israeli Special Forces, especially Shayetet 13 (Flotilla 13), whose motto, in common with the rest of the Israeli military, is 'Never again', a reference to the Holocaust. They are particularly adept at the specifically Israeli martial art Krav Maga, which they dub 'Jew-jitsu'.

Blood on the Risers Jan 30 2020 This artfully crafted saga depicts in vivid detail, the arduous journey of a young, impressionable patriot yearning to fulfill his destiny in the turmoil of the 1960's. The author draws

you close to him as he encounters stiff challenges to his basic values, his character, as well as his faith in his fellow man. You'll taste the bitter prop blast as you stand in the open door beside him, holding your breath while he soars through the icy sky to the mountainous drop zone below. Discover the true nature of this Nation's most valiant fighting men as he progressively learns what it takes to lead Green Berets into battle. Share the distinct smell of death while he clutches on to the remnants of his tattered soul, constantly violated while he processes the tragedy of life unfolding before him. Witness the sheer resolve he and his men display in their commitment to their country, despite the disrespect and utter contempt shown to them by their own countrymen. This factual rendering allows you to eavesdrop on the innermost workings of a Special Forces A-Team as they train and ultimately prepare for battle. You'll be sprinting with a SOG Recon Team as they desperately work to elude the hordes of NVA soldiers, feeling the impact of explosions and the crackling of rifle fire along the way. This read will provide you with a renewed appreciation of what men endure when they make the commitment to defend their country and their way of life; despite the intimate danger and life-long consequences that accompany that decision. With dialogue that keeps the pages turning, Michael O'Shea transports us directly back to the real American experience in Vietnam. It's been nearly fifty years since the US inserted troops into jungles and villages more than 8,000 miles away. Stories such as Blood on the Risers are important and necessary for today's readers and future generations; veterans like O'Shea are prized for sharing them. Chris Henning - Clarion Review

Attacked at Home! Mar 14 2021 Attacked at Home: A Green Beret's Survival Story of the Fort Hood Shooting is the amazing story about 2nd Lt. John M. Arroyo, Jr., who, on April 2, 2014, was shot in the throat and neck by another soldier who then went on to kill four soldiers, including himself, and wound sixteen others. Attacked at Home is also about John's life beginning with his childhood in Southern California, including his time spent as a tattooed member of a violent street gang, a hopeless teenage drug addict and then his enlistment in the U.S. Army where he ultimately becomes a Special Forces Green Beret and highly decorated officer after serving two tours of duty in Afghanistan and one in Iraq. The book also tells how he uses his Christian faith to protect himself and his fellow Special Forces "Operators" while deployed to the Middle East and then relies on it to recover from the massive wounds he sustained after being shot at Fort Hood, Texas.

Prairie Fire May 04 2020 Prairie Fire is a guide for Red Counties to survive and thrive during what looks to be another Civil War brewing. Drawing on his experience in Special Forces with counter insurgency, the author creates a step by step road map to making it out alive. Featuring the same gallows humor mixed with real world examples as Concrete Jungle: A Green Beret's Guide to Urban Survival, Prairie Fire is the spiritual successor made specifically for those in rural areas. Food and water, firearms, security, equipment, planning, and tactics are all covered in depth, along with many other topics.

Hawke's Special Forces Survival Handbook Aug 07 2020 Provides the most practical and accessible survival skills and information necessary to survive the worst circumstances and make it out alive.

The Disaster-Ready Home Jun 24 2019 A complete, step-by-step manual for safely sheltering-in-place at home so you are prepared for any disaster or disease. If a disaster forces you to shelter in place, do you think you have everything you need to safely and comfortably stay put in your home? If the answer is no, The Disaster-Ready Home will help you create a safe, well-stocked place to weather out any emergency. Survival expert and bestselling author Creek Stewart gives you a step-by-step emergency preparedness plan to meet your food, water, heat, and sanitation needs during any disaster. Including detailed lists, photographs, and complete instructions to make the plan easy to follow, this book is the only resource you need for a disaster. You'll learn how to: -Create an emergency pantry stocked with enough food for the timeframe of your choice—from two weeks to three months to a full year -Select and store food that fits your taste, diet, and budget -Easily rotate and use your emergency food supply, so nothing goes to waste -Set up long-term water storage and renewable water sources -Cook food and boil water when your kitchen appliances aren't working -Safely heat and light your home when the power is out -Effectively manage sanitation issues if running water is unavailable -And much more! With daily headlines dominated by disease and disasters, the need to be prepared has never been more evident. This practical, field-tested guide will help you protect and provide for your family when any situation arises.

Tap Code Jul 26 2019 Never-before-told details of underground operations during the Vietnam War told

through one airman's inspiring story of true love, honor, and courage. Air Force pilot Captain Carlyle "Smitty" Harris was shot down over Vietnam on April 4, 1965, and taken to the infamous Hoa Lo prison--nicknamed the "Hanoi Hilton." For the next eight years, Smitty and hundreds of other American POWs--including John McCain and George "Bud" Day--suffered torture, solitary confinement, and abuse. It was there Smitty covertly taught the Tap Code--an old, long-unused World War II method of communication--to many POWs. In turn, they taught others, and it quickly became a way for POWs to communicate without their captors' knowledge. It was a lifeline during their internment--a way to boost morale, stay unified, and communicate the chain of command--as well as an asset in helping them prevail over a brutal enemy. Back home, meanwhile, Harris's wife, Louise, raised their three children alone, unsure of her husband's fate. One of the first POW wives of the Vietnam War, she became a role model for many wives, advocating for herself and her children in her husband's absence. Told through both Smitty's and Louise's voices, Tap Code shares a riveting true story of ingenuity under pressure, strength and dignity in the face of the enemy, the love of family, and the hope, faith, and resolve necessary to endure even the darkest circumstances.

Essential Survival Gear Nov 21 2021 Disasters strike every day, but despite the best laid plans you may find yourself in one with only the clothes on your back and without a well packed first-aid kit. In *Essential Survival Gear*, J. Morgan Ayres explains in detail what you need to have when a dire emergency occurs, wherever you are, whoever you are. Ayres—a former Green Beret, martial arts master, and wilderness and urban survivalist—explains his four-layer concept (clothing, day bag, backpack, basic equipment and luxuries) and profiles and provides photos of a broad range of gear, with recommendations on what works best in what scenario—from cityscapes to wilderness and everywhere in between—and how to use it.

Attacked at Home!: A Green Beret's Survival Story of the Fort Hood Shooting Dec 11 2020 Attacked at Home: A Green Beret's Survival Story of the Fort Hood Shooting is the amazing story about 2nd Lt. John M. Arroyo, Jr., who, on April 2, 2014, was shot in the throat and neck by another soldier who then went on to kill four soldiers, including himself, and wound sixteen others. Attacked at Home is also about John's life beginning with his childhood in Southern California, including his time spent as a tattooed member of a violent street gang, a hopeless teenage drug addict and then his enlistment in the U.S. Army where he ultimately becomes a Special Forces Green Beret and highly decorated officer after serving two tours of duty in Afghanistan and one in Iraq. The book also tells how he uses his Christian faith to protect himself and his fellow Special Forces "Operators" while deployed to the Middle East and then relies on it to recover from the massive wounds he sustained after being shot at Fort Hood, Texas.

The Prepper's Medical Handbook Oct 28 2019 The basis of adequate prepping is being prepared for both common and dire events that may occur under the worst of all possible circumstances. These circumstances might include the breakdown in normal emergency support services (such as calling 911), the lack of an ability to obtain additional supplies, and the probability that you will not be able to rely on anyone but members of your immediate group or yourself. Prepping requires forethought with regard to food, water supplies, power, and protection - all areas of significant technical preparation. Self-reliant medical care is no exception. This book provides the basis of prevention, identification, and long-term management of survivable medical conditions and can be performed with minimal training. It helps you identify sources of materials you will need and should stock-pile, it discusses storage issues, and directs you to sources for more complex procedures that require advanced concepts of field-expedient techniques used by trained medical persons such as surgeons, anesthesiologists, dentists, or midwives and obstetricians.

Blaze of Light Jun 16 2021 For fans of Unbroken and Hacksaw Ridge comes the powerful true story of a Medal of Honor recipient who faced more than his fair share of battles—and overcame them through perseverance and faith. “What Gary Beikirch did to receive his medal is unforgettable—and the story of what he overcame afterward is as big and moving as they come.”—Gary Sinise After dawn the siege began. It was April 1, 1970, and Army Green Beret medic Gary Beikirch knew the odds were stacked against their survival. Some 10,000 enemy soldiers sought to obliterate the twelve American Special Forces troops and 400 indigenous fighters who stood fast to defend 2,300 women and children inside the village of Dak Seang. For his valor and selflessness during the ruthless siege, Beikirch would be awarded a Medal of Honor, the nation's highest and most prestigious military decoration. But Gary returned home wounded in body, mind, and soul. To find himself again, Gary retreated to a cave in the mountains of New England, where a

redemptive encounter with God allowed Gary to find peace. New York Times best-selling author Marcus Brotherton chronicles the incredible true story of a person who changed from lost to found. Gripping and unforgettable, and written with a rich and vivid narrative voice, *Blaze of Light* will inspire you to answer hurt with ingenuity, to reach for faith, and to find clarity and peace within any season of storm.

Legend May 16 2021 The true story of the U.S. Army's 240th Assault Helicopter Company and a Green Beret Staff Sergeant's heroic mission to rescue a Special Forces team trapped behind enemy lines during the Vietnam War, from New York Times bestselling author Eric Blehm. On May 2, 1968, a twelve-man Special Forces team covertly infiltrated a small clearing in the jungles of neutral Cambodia—where U.S. forces were forbidden to operate. Their objective, just miles over the Vietnam border, was to collect evidence that proved the North Vietnamese Army was using the Cambodian sanctuary as a major conduit for supplying troops and materiel to the south via the Ho Chi Minh Trail. What the team didn't know was that they had infiltrated a section of jungle that concealed a major enemy base. Soon they found themselves surrounded by hundreds of NVA, under attack, low on ammunition, stacking the bodies of the dead as cover in a desperate attempt to survive the onslaught. When Special Forces Staff Sergeant Roy Benavidez heard their distress call, he jumped aboard the next helicopter bound for the combat zone. What followed would become legend in the Special Operations community. Flown into the foray of battle by the 240th Assault Helicopter Company, Benavidez jumped from the hovering aircraft, ran nearly 100 yards through withering enemy fire, and—despite being immediately and severely wounded—organized an extraordinary defense and rescue of the Special Forces team. Written with extensive access to family members, surviving members of the 240th Assault Helicopter Company, on-the-ground eye-witness accounts never before published, as well as recently discovered archival, and declassified military records, Blehm has created a riveting narrative both of Roy Benavidez's life and career, and of the inspiring, almost unbelievable events that defined the brotherhood of the air and ground warriors in an unpopular war halfway around the world. Legend recounts the courage and commitment of those who fought in Vietnam in service of their country, and the story of one of the many unsung heroes of the war.

Surviving the Wild Jun 04 2020 The Ultimate Bushcraft Survival Guide Former Special Forces Operator and Instructor, Joshua Enyart, provides essential skills and a step-by-step wilderness survival strategy in his debut bushcraft book, *Surviving the Wild*. A bushcraft bible and field guide. If you found yourself suddenly thrust into the wild without any modern conveniences like electricity, running water, wi-fi, or Google—would you know what to do? In a pandemic induced post-apocalypse, do you know what your first priority should be? If your caving, camping, or hiking adventure goes haywire, how would you ensure your survival? Written by a former Army Ranger and Green Beret, this survival book provides crucial information alongside a logical, systems-based approach to survival and preparedness. Navigation, tools, first aid, and other survival strategies for the outdoors. Consider this your essential survival guide book to making it in the wild. With it, you'll learn how to outmaneuver immediate threats, find shelter and nutrition, and navigate to where you want to go. Part first aid book, part survival handbook, *Surviving the Wild* contains chapters of information on making the most of minimal supplies, finding safe water, and above all—survival! Look inside and you'll find: A foreword from bestselling bushcraft author Dave Canterbury Survival medicine and edible plant identification Instructions on how to build a fire, catch game, make a shelter, and more! If you enjoyed survival books like *Bushcraft 101*, *The Edible Plants of North America Field Guide*, *How to Stay Alive in the Woods*, or *How to Survive the End of the World*, then you'll love *Surviving the Wild*.

Hawke's Green Beret Survival Manual Jul 18 2021 The perfect home-reference book for both seasoned outdoorsmen and average citizens to learn comprehensive outdoor survival techniques. This practical survival guide from U.S. Special Forces Captain and outdoor survival expert Mykel Hawke includes illustrated instruction on: shelter and water food and fire tools and medicine navigation and signaling survival psychology Hawke's engaging style and matter-of-fact attitude—not to mention his incredible resume in the survival arena—elevates this book above its competition.

Surviving the Wild Apr 26 2022 The Ultimate Wilderness Survival Guide “If you are serious about survival, this book is required reading.” —Alan Kay, winner of *Alone*, season 1 (History Channel) and coauthor of *Decline and Decay: Strategies for Surviving the Coming Unpleasantness #1 Bestseller in Caving &*

Spelunking and Hiking & Camping Instructional Former Special Forces Operator and Instructor, Joshua Enyart, provides essential skills and a step-by-step wilderness survival strategy in his debut bushcraft book, *Surviving the Wild*. A bushcraft survival and field guide. If you found yourself suddenly thrust into the wild without any modern conveniences like electricity, running water, wi-fi, or Google—would you know what to do? In a pandemic induced post-apocalypse, do you know what your first priority should be? If your caving, camping, or hiking adventure goes haywire, how would you ensure your survival? Written by a former Army Ranger and Green Beret, this survival book provides crucial information alongside a logical, systems-based approach to survival and preparedness. Navigation, tools, first aid, and other survival strategies for the outdoors. Consider this your essential survival guidebook to making it in the wild. With it you'll learn how to outmaneuver immediate threats, find shelter and nutrition, and navigate to where you want to go. Part first aid book, part survival handbook, *Surviving the Wild* contains chapters of information on making the most of minimal supplies, finding safe water, and above all—survival! Look inside and you'll find: • A foreword from bestselling bushcraft author Dave Canterbury • Survival medicine and edible plant identification • Instructions on how to build a fire, catch game, make a shelter, and more! If you enjoyed survival books like *Bushcraft 101*, *SAS Survival Handbook*, *How to Stay Alive in the Woods*, or *The Prepper's Medical Handbook*, then you'll love *Surviving the Wild*.

The MeatEater Guide to Wilderness Skills and Survival Sep 07 2020 NEW YORK TIMES BESTSELLER

• An indispensable guide to surviving everything from an extended wilderness exploration to a day-long boat trip, with hard-earned advice from the host of the show *MeatEater* as seen on Netflix For anyone planning to spend time outside, *The MeatEater Guide to Wilderness Skills and Survival* is the perfect antidote to the sensationalism of the modern survival genre. Informed by the real-life experiences of renowned outdoorsman Steven Rinella, its pages are packed with tried-and-true tips, techniques, and gear recommendations. Among other skills, readers will learn about old-school navigation and essential satellite tools, how to build a basic first-aid kit and apply tourniquets, and how to effectively purify water using everything from ancient methods to cutting-edge technologies. This essential guide delivers hard-won insights and know-how garnered from Rinella's own experiences and mistakes and from his trusted crew of expert hunters, anglers, emergency-room doctors, climbers, paddlers, and wilderness guides—with the goal of making any reader feel comfortable and competent while out in the wild.

Hawke's Green Beret Survival Manual Nov 02 2022 The perfect home-reference book for both seasoned outdoorsmen and average citizens to learn comprehensive outdoor survival techniques. This practical survival guide from U.S. Special Forces Captain and outdoor survival expert Mykel Hawke includes illustrated instruction on: shelter and water food and fire tools and medicine navigation and signaling survival psychology Hawke's engaging style and matter-of-fact attitude—not to mention his incredible resume in the survival arena—elevates this book above its competition.

Hammerhead Six Apr 02 2020 Two years before the action in *Lone Survivor*, a team of Green Berets conducted a very different, successful mission in Afghanistan's notorious Pech Valley. Led by Captain Ronald Fry, *Hammerhead Six* applied the principles of unconventional warfare to "win hearts and minds" and fight against the terrorist insurgency. In 2003, the Special Forces soldiers entered an area later called "the most dangerous place in Afghanistan." Here, where the line between civilians and armed zealots was indistinct, they illustrated the Afghan proverb: "I destroy my enemy by making him my friend." Fry recounts how they were seen as welcome guests rather than invaders. Soon after their deployment ended, the Pech Valley reverted to turmoil. Their success was never replicated. *Hammerhead Six* finally reveals how cultural respect, hard work (and the occasional machine-gun burst) were more than a match for the Taliban and Al Qaeda.

Survival Wisdom & Know How Dec 31 2019 *Survival Wisdom & Know-How* is the ultimate all-in-one survival guide; filled to the brim with information on every aspect of outdoor life and adventure, from orienteering to campfire cooking to ice climbing and more. Culled from dozens of respected books from Stackpole -- the industry's leader in outdoor adventure -- this massive collection of wilderness know-how leaves absolutely nothing to chance when it comes to surviving and thriving outdoors. Topics include: Orienteering Building an Outdoor Shelter Hunting and Tracking Animals Tying Knots Identifying Edible Plants and Berries Surviving in the Desert Fishing and Ice Fishing Canoeing, Kayaking, and White Water

Rafting And so much more! Useful illustrations and photos throughout make it easy to browse and use. With contributions by the experts at the National Outdoor Leadership School as well as the editors of Stackpole's Discover Nature series, this book is the definitive, must-have reference for the great outdoors.

DANGER CLOSE: The Rescue of ODA-525 Aug 26 2019 February 24th, 1991: It's the first day of the ground war in Operation Desert Storm. To support the massive attack, an eight man US Army Special Forces team is inserted 150 miles inside Iraq to covertly reconnoiter a key highway connecting Baghdad and Kuwait. The members of the team--designated "Operational Detachment Alpha-525"--are known among their peers as "The Sharkmen." This is their first combat mission in Desert Storm. If this had been a perfect mission no one would have known they were there. They would have dropped in, done their job for a week, then exited under cover and returned to base. But this isn't a perfect mission. Within hours it will all go to hell. This is the true story of the improbable rescue of ODA-525, told in the words of the men who were there, on the ground and in the air.

The Green Beret Preparation and Survival Guide Oct 01 2022

The Guerrilla Factory Sep 19 2021 A retired lieutenant colonel presents a behind-the-scenes portrait of the legendary North Carolina camps where Special Forces soldiers are trained, outlining the infamous Q Course where leaders endure brutal tests of strength, stamina and psychology. 75,000 first printing.

Hawke Outdoor Survival Kit Jul 06 2020 This mini kit from Discovery Channel star Mykel Hawke includes his handy 8-in-1 multi-tool featuring: a compass, whistle, signal mirror, waterproof match storage, magnifying glass, emergency light, thermometer, and lanyard?an invaluable commodity in survival situations when you need it the most. Also included is a mini survival guide that offers Hawke's best practices for staying safe in the wild and getting out alive. A must-have for any survival situation!

To Be a U.S. Army Green Beret Oct 09 2020 The Green Berets' motto is "Liberate the Oppressed," and it takes extremely capable and highly trained individuals to carry out their operations in the world's most dangerous and unforgiving locales. They operate behind enemy lines, sometimes for months at a time, are trained to work in all climates and cultures, and have a "no surrender" will of spirit if ever taken prisoner. This book provides an insider's view of what it takes to become a member of the Army's Special Forces, the elite Green Berets. It describes the skills they learn and equipment and tactics used to engage in unconventional warfare, foreign internal defense, direct action, special reconnaissance, anti-terrorism missions, information operations, and counter-proliferation.

Eagle Down Nov 09 2020 A Wall Street Journal national security reporter takes readers into the lives of frontline U.S. special operations troops fighting to keep the Taliban and Islamic State from overthrowing the U.S.-backed government in the final years of the war in Afghanistan. A FINANCIAL TIMES BEST BOOK OF THE YEAR "Powerful, important, and searing." —General David Petraeus, U.S. Army (ret.), former commander, U.S. Central Command, former CIA director In 2015, the White House claimed triumphantly that "the longest war in American history" was over. But for some, it was just the beginning of a new war, fought by Special Operations Forces, with limited resources, little governmental oversight, and contradictory orders. With big picture insight and on-the-ground grit, Jessica Donati shares the stories of the impossible choices these soldiers must make. After the fall of a major city to the Taliban that year, Hutch, a battle-worn Green Beret on his fifth combat tour was ordered on a secret mission to recapture it and inadvertently called in an airstrike on a Doctors Without Borders hospital, killing dozens. Caleb stepped on a bomb during a mission in notorious Sangin. Andy was trapped with his team during a raid with a crashed Black Hawk and no air support. Through successive policy directives under the Obama and Trump administrations, America came to rely almost entirely on US Special Forces, and without a long-term plan, failed to stabilize Afghanistan, undermining US interests both at home and abroad. Eagle Down is a riveting account of the heroism, sacrifice, and tragedy experienced by those that fought America's longest war.

The Green Beret Bushcrafting Guide Feb 22 2022 Become an expert at finding food, water, shelter, security, establishing communication, maintaining your health, navigating, and making fire. Many survival and emergency preparedness experts today use the pyramid approach to survival prioritization, putting food, water, shelter, and security in the largest block at the base of the pyramid and then community, sustainability, and higher needs in smaller brackets at the top of the pyramid. Decorated combat veteran Brian M. Morris takes a different and linear approach to survival using an eight-pillar system, developed

over decades of serving as a Green Beret in the US Army Special Forces. The foundation for Morris's methodology is KISS, which stands for "keep it simple, stupid," an acronym widely used by the military to remind soldiers that the best solutions are often the simplest. In his eight-pillar system, it is up to the survivor to assess their situation and then choose the pillar that is needed most to survive the situation at hand. Much like a rifle pop-up target range where a shooter is expected to hit the closer (more dangerous) 50-meter target first before engaging the 300-meter target, the survivor needs to choose the pillar that is most urgent and necessary to save their life under the circumstances.

The Green Beret Survival Guide Aug 19 2021 West Point graduate, former Green Beret and NY Times Bestselling author Bob Mayer brings you a different type of survival guide (one you can actually use): a practical step-by-step handbook for the average person, full of valuable information. It's written using humor, personal experience and training, film & book examples, and real world case studies. This book lays out the mindset needed to survive from mild, to moderate, to extreme emergencies in a logical flow that moves from preparation you must do now through action in the actual emergency. Covered are the five key elements of survival; the Special Forces Area Study; how to build you survival A-Team; equipment needed; proper preparation and actions in your home and your car; then covering a range of emergencies from car accidents to burglary to hurricanes, power outages, vampires, wild fires, plane crashes, alien abduction, terrorism and more. Yes, there is humor in the book, because humor is a key element of survival. Certain over the top sections (vampires, etc.) are designed as Kindling pages (not Kindle) that can be torn out of the print version and used to start a fire. From the basics, the book moves into detailed survival techniques for water, food, fire, shelter and first aid. Finally, the book concludes with extreme emergencies, where civilization might collapse, whether for a short or extended period of time. And yes, that's when we get to zombies (communicable diseases). This is a book that can save your life and the life of those you love."

Who Dares Wins Jan 24 2022 In these tough economic times, former Green Beret officer Bob Mayer uses military techniques to show readers how to succeed by conquering fear. In today's fast-moving world, change occurs constantly, competition is fierce, and it is becoming increasingly difficult for people to achieve success—both personal and professional. Bob Mayer argues that for most, the one most common obstacle standing in the way is fear. Who Dares Wins shares the time-tested techniques of the Special Forces, proven elite warriors trained to conquer fear, dare to be different, and accomplish what others consider impossible. Mayer outlines specific steps for discovering what is holding you back and offers hands-on exercises for increasing motivation to reach those goals. Bringing his unique blend of practical Special Operations Strategies and Tactics mixed with the vision of an artist, Mayer helps readers get to know themselves, identify blind spots, and overcome fear to achieve success. "Bob Mayer gives us a unique and valuable window into the shadowy world of our country's elite fighting forces and how you can apply many of the concepts and strategies they use for success in your own life and organization." —Jack Canfield, creator of the Chicken Soup book series

Tip of the Spear Apr 14 2021 The inspiring true story of a US Special Forces soldier who was medically retired after stepping on an IED, and his incredible return to active duty. Sergeant First Class (SFC) Ryan Hendrickson is a brave, determined, and courageous soldier -- a Green Beret clearing the way for his twelve-man team while conducting combat operations against the Taliban. As the "tip of the spear," his role is to ensure the route taken by U.S. and Afghan troops are free of IEDs -- improvised explosive devices. Many soldiers do not survive their last step; those who do often lose at least one limb. While rescuing an Afghan soldier outside a mud-hut compound in 2010 -- knowing that he was in "uncleared" territory -- Ryan stepped on an IED with his right foot. The device exploded, leaving his foot dangling at the end of his leg. American soldiers losing a limb is an all-too-common occurrence. But what makes Ryan's story different is that after undergoing two dozen surgeries and a tortuous rehabilitation, he was medically retired but fought to return to active duty. Multiple skin grafts to his leg and right foot successfully reattached his lower leg, and he was aided in his recovery by wearing a new prosthetic device known as an IDEO (Intrepid Dynamic Exoskeletal Orthosis). Once he passed a series of crucial physical tests, Ryan was able to rejoin the Green Berets within a year and physically perform his duties, redeploying to Afghanistan in March 2012. In 2016, he volunteered to return to Afghanistan with Bravo Company, 2nd Battalion, 7th Special Forces Group. During a firefight with the Taliban, he risked his life under heavy enemy fire to rescue three

Afghan soldiers cut off from friendly forces and return the bodies of two dead Afghan soldiers under the ethos that "no one gets left behind." For his heroic efforts on the battlefield, SFC Ryan Hendrickson was awarded a Silver Star, the nation's third-highest award for valor. An engaging and harrowing account, *Tip of the Spear* tells the amazing story of one Green Beret's indomitable spirit.

Herbal Medic Mar 02 2020 With a focus on herbal medicine and first-aid essentials, former Green Beret medic and clinical herbalist Sam Coffman presents this comprehensive home reference on medical emergency preparedness for times when professional medical care is unavailable.

SEAL Survival Guide Dec 23 2021 A former Navy SEAL provides step-by-step instructions in preparing oneself to survive any disaster, from earthquakes and shipwrecks to terrorist attacks, viral pandemics, and nuclear attack.

Concrete Jungle May 28 2022 As cultural war clouds gather, cities are becoming the flashpoint. In this volume, retired Special Forces soldier Clay Martin teaches you how to survive it. A multi tour GWOT veteran and Special Forces Advanced Urban Combat instructor, as well as long time prepper and competitive shooter, Clay brings a different type of skill set to the party. From laying in supplies to siege proofing your apartment building, this volume answers the questions other experts cannot.

Vietnam Saga Sep 27 2019 Vietnam Saga is a very personal story of Stan Corvin's often perilous times in the U.S. Army as a two tour combat helicopter pilot in Vietnam. It's a true-life story of soldiers who fought for freedom and often for their very lives. Vietnam Saga is also a story about the meaning of life. Standing back from his war experience, Stan reflects on his ever-present faith and how it carried him through this challenging period of his life. Originally written as a legacy to Stan Corvin's family--something that will be passed down for many generations--Vietnam Saga is now an opportunity for you to share in this legacy and the personal recollections, memories, thoughts, fears and shed tears of a decorated and dedicated American soldier.

Great Livin' in Grubby Times Feb 10 2021

Hawke's Special Forces Survival Handbook Jun 28 2022 U.S. Special Forces Captain and outdoor survival expert Mykel Hawke provides the most practical and accessible survival skills and information necessary to survive in the outdoors. These methods are based on Hawke's 25-year career as a Captain in the U.S. Army, as founder of the survival training company Special Ops Inc, and as a popular survival expert on television--including his new series, *Man Woman Wild*, which debuted on The Discovery Channel in summer 2010.

Geared to the untrained civilian, *Hawke's Special Forces Survival Handbook* provides illustrated how-to info on shelter, water, fire, food, first aid, tools, navigation, signaling, and survival psychology. Now with a flexibind cover and small format perfect for the glove compartment and backpack, this edition gives readers the tools necessary to survive the worst circumstances and make it out alive.

Yellow Green Beret Jan 12 2021 *Yellow Green Beret: Volume II* delves into many of the gaps in between

the crooks and alleys of the keystone stories in Volume I that colored Chester Wong's checkered career as a U.S. Army Special Forces officer - again, with the same brutal cynicism and genuine honesty in his portrayal of his experiences. As with *Yellow Green Beret: Volume I*, Wong relates his unusual experiences as an Asian-American special operations commander in a humanistic and flawed tone to which all can relate, and this collection helps further paint a detailed picture of the special operations world in which he lived. Both humorously self-deprecating and solemn at times, his accounts follow the painful road he took to reach the position of elite counterterrorist commander, and reveal his fleeting moments of fortitude and determination, despite having the odds often stacked against him. Again spanning his days as a young and naive West Point cadet to his later years as a counterterrorist commander in Iraq and the Philippines, Wong lays out stories that range from desperately taking singing lessons to improve his performance during karaoke parties with his Filipino special operations counterparts to the palpable nervousness and fog of war on his first helicopter raid to capture one of Iraq's most dangerous insurgent leaders. Never hesitating to point out the difficulties and lessons he learned along the way, the author invites you to enjoy, laugh, and reflect upon his experiences along with him.

You Choose: Can You Survive in the Special Forces? Mar 26 2022 YOU are a soldier in the U.S. military's elite Special Forces. You have the strength, intelligence, and specialized training to perform the most dangerous, top-secret military missions. Will you: Serve as an Army Green Beret working to save a group of hostages from a desperate band of terrorists? or Be an Army Ranger planning to seize control of an airstrip deep in enemy territory? OR Join with a group of fellow Navy SEALs to capture a terrorist leader from his hiding place? Experience the life-or-death dilemmas of an elite military job. YOU CHOOSE what you'll do next. The choices you make will either lead you to safety or to doom.

The Green Beret Survival Guide Jul 30 2022 Today's society is one in which we, as individuals, are constantly barraged by the threat of domestic terrorism. The ever-present fear for your safety and the safety of those we love can overwhelm you if you aren't sure how to protect yourself. Luckily, distinguished combat veteran Brian M. Morris's *Green Beret Survival Guide* is here to help ease your fears. Using his firsthand knowledge from the field as a Green Beret, Morris concisely outlines the steps that are necessary towards increasing one's personal safety. Over the course of several chapters, Morris describes the importance of situational awareness, meaning staying alert, being aware of your surroundings, and understanding the reality of threats that you may face in any given situation. An individual with good situational awareness never takes anything for granted and makes security a part of his or her daily routine. By being observant and practicing several different methods of observation, one can avoid falling prey to terrorist, thieves, and other criminals. Using situational awareness as the cornerstone of a personal safety plan, *The Green Beret Survival Guide* delivers expert advice on preparing you and your loved ones for the worst case scenario.